

Services and Prices

✧ Full Body Cleansing Package

3 hours of Cleansing Spa Treatments.

Electro-Lymphatic Therapy, Colon-Hydro Therapy,
and Ionic Foot Spa (\$15 savings)\$180
Series of five (\$75 savings)\$900
Series of ten* (\$215 savings)\$1800

✧ Colon Hydro/Electro Lymphatic

One session (\$10 savings).....\$140
5/5 series (\$50 savings).....\$700
10/10 series* (\$165 savings)\$1400

✧ Colon Hydro Therapy Packages

One Session (1 hour).....\$75
Series of five (\$25 savings)\$350
Series of ten* (\$120 savings)\$700

✧ Electro-Lymphatic Therapy

One Session (1 hour).....\$75
Series of 5 (\$25 savings)\$350
Series of 10 (\$50 savings)\$700

✧ Ionic Foot Spa

One Session (45 min.).....\$45
Series of 5 (\$10 savings)\$215
Series of 10 (\$20 savings)\$430

✧ Ear Candling..... \$50
(One-hour session)

✧ Consultation..... \$50

Personalized Programs Available.
Maintenance Packages available for
returning clients only!

**SERIES MUST BE PRE-PAID & USED
WITHIN 6 MONTHS**

* Includes herbal cleansing program, and the book *Cleanse Internally to Become Younger*.

About Us

You will find a gentle, caring, and knowledgeable staff of highly-skilled and committed therapists at all our Living Water Rejuvenation Centers. Our staff includes three generations of specialists who represent over 60 years of experience.

Roxanne Watson is the founder of both Living Water Rejuvenation Centers and the California Coastal Cleansing Institute. She personally holds seven certifications including the National Board, I-ACT (International Association of Colon Hydro-therapists), Instructor and Ambassador Certifications – the highest level of competence.

Roxanne leads the Center with a philosophy that the body's God-given ability to heal is directly affected by the practice of cleansing. She promotes the idea of regularly purifying the body of the accumulated products of a toxic environment.



Roxanne Watson, founder (2nd generation);
Lareesa (Lacy) Mumford (3rd generation); Millan Chessman,
author (1st generation); Ciara Mumford (3rd generation)

*Our aim is to allow our clients
to obtain optimum rejuvenation by
creating a soothing, caring environ-
ment. Your personal health needs
and goals are our primary focus
at Living Water.*



www.LivingWaterRejuvenation.com

**Your Cleansing, Fasting, and
Detoxification Specialists**

**2380 Camino Vida Roble, suite A
Carlsbad, Ca 92011
(760) 918-0030 • fax 918-0060**

**3405 Kenyon Street, Suite 402
San Diego, Ca 92110
(619) 224-1962**

**159 E. 3rd Avenue
Escondido, Ca 92025
(760) 737-3500**

**2147 Newcastle Ave.
Cardiff by-the-Sea, Ca 92007
(760) 918-0030**

Living Water Rejuvenation Centers

Specializing in integrating Colon Hydrotherapy with various modalities for total body wellness, vitality, and rejuvenation.

Services include:

- Colon Hydrotherapy
- Electro-Lymphatic Therapy
- Ion Foot Spa
- Nutritional Counseling
- Diet / Weight Loss
- Fasting and Cleansing Programs
- Colon Hydrotherapist Training and Certification
- Ear Coning
- Supplementation
- Medical Supervision Available

Many of our clients report:

- Increased energy
- Improved skin conditions
- Improved bowel function
- Enhanced body detoxification
- Decreased viral, bacterial, yeast, and fungal activity
- Reduced pain and inflammation
- Purified blood and lymph
- Stimulated immune function
- Weight loss
- Relieved tension and headaches
- Chelation of heavy metals
- Increased concentration
- Lowered allergies
- And many more benefits associated with detox

"Both health and sickness have their roots in the colon."

- Dr. Norman Walker, author

Colon Hydrotherapy

When the colon is unable to function efficiently, an accumulation of toxic build-up can create a burden on the liver, circulatory, lymphatic, nervous system, excretory organs, lungs, and kidneys. A number of health problems may result.

The goal of colon hydrotherapy is to help aid the body in opening the natural pathways of elimination. At the Living Water Rejuvenation Centers we focus on cleansing and purification to remove the accumulated internal damage caused by life in a stressful, toxic world. We will customize a program for you, based on your unique needs.

Many health care practitioners include colon hydrotherapy as part of a combined treatment for Candida, hypertension, arthritis, depression, parasites, allergies, toxic metals, and liver problems. Colon hydrotherapy is not painful or embarrassing. The actual sessions last from 45 to 55 minutes. It is a process which cleans the entire colon - unlike an enema, which cleanses only the lower (sigmoid) colon. The state-of-the-art, FDA-registered equipment includes four filters and ultraviolet lights. Only disposable speculums and hoses are used. All equipment has safety features and is sanitized between each client.

Electro-Lymphatic Therapy

The lymphatic system, also referred to as the secondary circulatory system, is one of the body's natural waste removal systems. Although it contains twice as much liquid as the blood vessels, it does not have a pump of its own to carry waste from the lymph glands out of the body.

Toxins can accumulate in the lymphatic system due to poor nutrition, dehydration, pollution, constipation, and lack of exercise. When this happens, the body becomes sluggish and possibly sick. This is also how cellulite originates: clogged lymph nodes become lymph lumps, the fatty deposits we know as cellulite.

A healthy lymphatic system means you can say goodbye to many conditions that appear to be unrelated. These range from sore throats to chronic pain,

fibrocystic breasts to TMJ, degenerative discs to prostate problems. This non-invasive detoxification technology is the key to vibrant health. Today's state-of-the-art electro-lymphatic therapy is an accelerated method of moving stagnant, sticky lymphatic fluid out of the body. The lymphatic therapist uses a hand-held device to send high-frequency electrical pulses into your lymphatic system. These healing frequencies break up congestion, rebalance the cells, and enhance your immunity. The one-hour appointment is painless, relaxing, and revitalizing.

Regardless of the condition you are currently facing, with electro-lymphatic therapy you will be back in circulation in no time! Electro-lymphatic therapy is an ideal adjunct therapy to colon hydrotherapy for cleansing the whole system.

ionSpa Therapy

We also provide ionSpa footbath services and sales. The ionSpa is a holistic way of approaching disease through saturation of the blood, tissues, cells, and organs with ions. These naturally stimulating and relaxing sessions are based on ionization of water and osmosis to draw toxins from the body.

More specifically, the ionSpa produces negative hydrogen ions. These act as both an energy carrier and as an antioxidant in the human body. This ion is known as a primary and primordial antioxidant. The ionSpa allows for a large uptake of negative ions into the coenzyme NAD (nicotinamide adenine dinucleotide). This combination created active NADH - the essential coenzyme of all cellular regeneration and reproduction.

Here at the Living Water Rejuvenation Centers we believe that the combination of these three services facilitates a very effective cleanse for the whole body.

John 7:37-38