

Ear candling originated in the ancient civilizations of India, China, Tibet, Egypt and Native America where it was practiced for thousands of years. All these cultures utilized coning in healing, and spiritual purification. The knowledge of acupuncture demonstrates how the ears coordinate with the organs in the body. With earth's population increasing, the use of many healing arts is also expanding, and now beginning to flourish in our western culture.

With all the advancements of technology, why ear candling? What makes it so much more effective than the conventional method of ear clearing? Ear candling is a natural alternative, and has a way of working with a subtle vacuum in allowing the body to naturally release toxins and debris in an effortless way, which is non-invasive.

The ear contains approximately four thousands nerve endings. As Asian ear charts show the acupuncture points, there are nerves and meridians within the ear canal connecting up to the pores. Nerves connect up like telephone lines from one part of the body to the other, attaching themselves to organs, bones, muscles, skin, and even to the very extremities of our hands, feet, and ears. The nerves carry subtle energy flow.

Pores run long, vast and deep into our system, connecting to our sinuses, skeletal, lymph nodes, eyes, and other parts of the body. The

pores also connect to the cerumen gland. The cerumen gland produces ear wax twenty-four hours a day when the pores have an over abundance of ear wax, the wax puts pressure on the organ, which inhibits the organ from producing the essential nutrients for our immune system. Also, nerve endings become blocked and cannot transmit vibration frequencies when having fungus or yeast growth. The body is then disconnected from energy.

Most people have pre-existing conditions and are unaware of what is happening to their body until they come down with symptoms such as Tinnitus (ringing in the ears), equilibrium imbalance, headaches, deafness, allergies, hypoglycemia, diabetes, heart problems, arthritis in the neck, emotional instability, sleeping disorders, enzyme function impairments, swollen lymph nodes, Candida, hyperactivity, learning and thinking disorders, vision problems, and feelings of numbness. Ear coning may alleviate these kinds of conditions. Candida which stems from liver and kidneys, creating infestations and toxicity, may be a combination of medication, yeast and parasitic worms, and may cause other symptoms such as itching in the ear, stress, and belpalsy.

Granted it is necessary to have ear wax to protect us from the cold, viruses and other organisms. An over abundance of wax may very well create a blockage, swelling up the

pore, and creating other blockages within. This may allow other organisms into the pores eventually leading to some sort of condition not allowing the rest of the wax to flow through the pores normally.

Ear candling may also detoxify the lymphatic system, clearing the sinuses, which may improve the clarity of hearing, sight, smell, touch, and taste, clearing and strengthening the uric bodies, allowing for clear vibration flow.

Ear cones are made of strips of cloth, and beeswax containing herbs, including Peppermint, Clove, Sage, Lavender, Oregano, Eucalyptus, and Tea Tree. Gently held to the ear canal, the ear cones

operate through osmosis. Vapors of smoke spirals down traveling into the ear canal, middle ear, Eustachian tube, and throughout the lymphatic system, warming up the pores, and softening the wax. The fire from the burning candle/cone creates a vacuum, dislodging and drawing out accumulated debris such as impacted ear wax, which pulls infection, crystallized protein matter, fungus, and Candida into the cone.

Some of the debris that has been extracted will have an appearance similar to the bee's wax; some of the powdery material will have other colors such as light blue, which may be related to medication. Infection may have the

appearance of olive drab. Candida may have the looks of white in color. The solid pieces will also have various hues of color, with the appearance from creamy yellow, orange, beige, to shoe polish black. The darker the color, the older the wax. Also, this debris will give off a strong pungent smell!

This procedure may help children of all ages, adults, senior citizens, and even animals of all kinds. The release of ear wax toxins and debris from the ear canal will help release the pressure on the nerve endings and meridians of the body. It may also induce a deep relaxation, contributing to an emotional cleanse. All these symptoms may be broken up as a result of gentle spiraling smoke, and the vacuum of a burning ear cone. The ear candling process usually requires a commitment of at least one to two sessions a week for a month to complete the drawing out of debris, and once a month for maintenance purposes.

The ear cone we use are unlike the other made so far. It is aerodynamically designed with heat and vacuum intensities to extract the maximum amount of wax and debris with the gentlest process, and a slower burning cone. The extraction rate of one our cones is equivalent to 4 to 9 of our competitors' cones, and may draw approximately 50% to 80% more ear wax and debris than the other cones.

Ear candling is a healing art. It is another step in pursuing a clean and healthy lifestyle. We do

not make western medical claims. We simply promote the process of cleaning and healing, and offer a natural alternative to a chemical solution, long metal scraping objects, and other more conventional methods of ear cleaning.



## EAR CANDLING

WHAT IS IT?  
AND  
WHY DO IT?