

## Professional Instructors

### **Roxanne Watson**

A Certified Colon Hydro-Therapist with over 23 years of professional experience. Roxanne holds seven certifications, including the National Board and I-ACT Instructor Level. She has spent extensive time studying holistic medicine and is the Founder of Living Water Rejuvenation Centers and California Coastal Cleansing Institute.

### **Millan Chessman**

Millan has been a professional Colon Hydro-Therapist. With a B.S. in Nutrition and having administered over 21,000 colonics, she has the experience needed to train her students. Millan is the author of the first book written about Colon Hydro-Therapy since the 1930s. She has been a proud I-ACT member for over 15 years.

*Our Next Class Date is:*

*Classes fill quickly so  
enroll today!*

**Call: 619-224-1962**

[www.livingwaterrejuvenation.com](http://www.livingwaterrejuvenation.com)



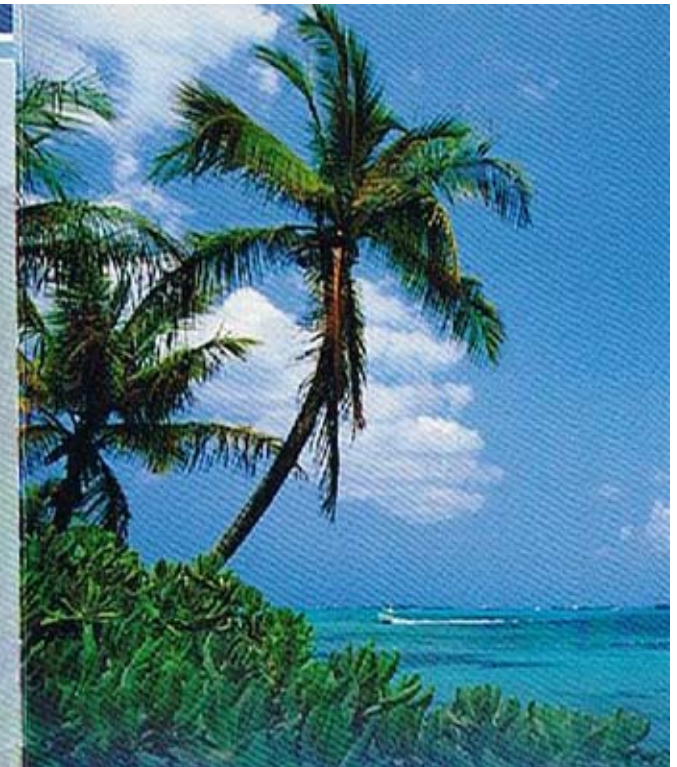
California Coastal Cleansing Institute

California Coastal  
Cleansing Institute

*Your Cleansing Fasting  
Detox Specialist*

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## The Education You Need

Learn Colon Hydro-Therapy from two generations of I-ACT Certified Instructors with more than 50 years combined experience. The courses we offer will teach you in detail all stages and levels of Colon Hydro-Therapy. You will be trained and tested to become certified by the international association of Colon Hydro-Therapy (I-ACT).

You will have the knowledge needed to advance your professional career in the rewarding and growing field of Colon Hydro-Therapy.

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California Coastal Cleansing Institute

## Level One

*(Foundation)*

**100 hours**

- Hands on practical Colon Hydro-Therapy
- Human Anatomy and Physiology Health and Sanitation
- Business Ethics and office procedures

\* Required by I-Act for certification.

\* Required to take level 2.

## Level Two

*(Intermediate Level)*

- Advanced level anatomy and physiology
- Intestinal toxemia
- Extended hands on practical Colon Hydro-Therapy

\* In committee review for possible requirement for license.

\*Please note that the State of California is currently considering that all Colon Hydro-Therapist's be licensed, which could require these courses be state mandated.

\*\*I-ACT recognized School

## Level Three

*(Advanced)*

- Cardio Vascular system and digestion
- Nutritional Studies
- Gastroenterology Studies

*Classes fill quickly so enroll today!*

*Call: 619-224-1962*

### **Course Cost:**

Level one: \$1900

Level Two: \$700

Level Three \$700

*(\$100 discount for returning students)*

**All Courses require a \$500 non-refundable deposit.**

